

RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – JUNE 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>If you have questions about the Center or would like to make an appointment with a certified SHIP counselor call 287-6409</p>	<p>SENIOR CENTER HOURS: Mon: 7:30 a.m. – 5:00 p.m. Tues – Fri: 8:30 a.m. – 5:00 p.m.</p>	<p>8:30 Wednesday Walk 1 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 10:15 CAKE DECORATING DEMONSTRATION 12:30 Oil Art Group 1:00 BINGO</p>	<p>9-11 Silver Threads & Needles 2 10:00 – 11:15 BACKYARD GAMES & LEMONADE 12:00 – 4:00 Bridge 12:30 – 2 Computer Assistance/J.Cole 12:30 Just Dance</p>	<p>9:00 Aerobics 3 8:30 TRIP TO HENDERSONVILLE FOR DOUGHNUTS, SHOPPING, LUNCH, & THE OCEAN CENTER & AQUARIUM 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 1:00 Table Tennis NATIONAL DOUGHNUT DAY</p>
<p>9:00 Aerobics 6 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 6:00 ZUMBA</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 7 9-11 Silver Threads & Needles 10:00 Yoga 10:45 “THE BECHTLER HOUSE & RUTHERFORDTON COALITION” 1:00 Table Tennis 1:00 BOWLING W/GRANDKIDS AT AUTUMN LANES 5:15 MEET & EAT – Scott’s Creekside</p>	<p>8:30 Wednesday Walk 8 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 “HOW TO DE-CLUTTER YOUR PAPERS & FILES” 12:30 Oil Art Group</p>	<p>9-11 Silver Threads & Needles 9 9:45 TRIP TO EQUESTRIAN CENTER, FARMERS MARKET/GENERAL STORE & LUNCH AT ROGER’S DINER 12:00 – 4:00 Bridge 12:30 – 2 Computer Assistance/J.Cole 12:30 Just Dance</p>	<p>9:00 Aerobics 10 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 10:45 SENIOR GAME COMMITTEE & AMBASSADOR MEETING 1:00 Table Tennis</p>
<p>SUNDAY 12 1:15 TRIP TO GREEN ROOM THEATER TO SEE: “DIXIE SWIM CLUB”</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 14 9-11 Silver Threads & Needles 9:30 BAKING PATRIOTIC COOKIES 10:00 Yoga CANCELLED 1:00 Table Tennis 1:00 TRIP TO HAMRICK’S AND STOPPING FOR ICE CREAM WEAR RED, WHITE, & BLUE IN RECOGNITION OF FLAG DAY TODAY</p>	<p>8:30 Wednesday Walk 15 9:00 Aerobics 9-11 Silver Threads & Needles 9:30 TEA PARTY 10:00 ELDER ABUSE AWARENESS DAY – WELLNESS BOOTHS 10:00 Line Dancing 10:30 “ELDER ABUSE” (PROGRAM) 12:30 Oil Art Group 1:00 TRIP JEWELRY SALE & DAIRY-O WEAR PURPLE TODAY</p>	<p>9-11 Silver Threads & Needles 16 10:00 CRAFTING W/BOBBI ALLEN: MAKING BIRDHOUSE MAGNETS 11:15 CHAIR EXERCISE 12:00 – 4:00 Bridge 12:30 Just Dance 12:30 – 2 Computer Assistance/J.Cole</p>	<p>9:00 Aerobics 17 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 10:30 ROYAL QUARTET (GOSPEL MUSIC PROGRAM) 1:00 Table Tennis 6:00 DANCE – RUSTY & CHIQUITA COLLINS BAND</p>
<p>9:00 Aerobics 20 9:00 SilverStriders 9:00 - 2:30 Art Group 9-10 DOUGHNUTS FOR DADS IN RECOGNITION OF FATHER’S DAY 9-11 Silver Threads & Needles 10:30 RECIPE CLUB</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 21 9-11 Silver Threads & Needles 10:00 Yoga CANCELLED 10:30 SUMMER MAGAZINE SCAVENGER HUNT 1:00 Table Tennis</p>	<p>8:30 Wednesday Walk 22 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 “USE IT OR LOSE IT” 12:30 Oil Art Group</p>	<p>9-11 Silver Threads & Needles 23 10:45 HIP HOP PERFORMANCE 12:00 – 4:00 Bridge 12:30 Just Dance 12:30 – 2 Computer Assistance/J.Cole</p>	<p>9:00 Aerobics 24 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 1:00 Table Tennis</p>
<p>9:00 Aerobics 27 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 11:15 CHAIR EXERCISE 1:00 ICE CREAM SHOP 6:00 ZUMBA</p>	<p>8:45 RED HOT CHILI STEPPERS WALKING CLUB 28 9-11 Silver Threads & Needles 10:00 Yoga 10:30 “MATCHING MEMORIES WITH ANIMAL PERSONALITIES AND CHARACTERISTICS” 1:00 Table Tennis 1:00 BUTTERBEAN AUCTION</p>	<p>8:30 Wednesday Walk 29 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 CORN HOLE PRACTICE 12:30 Oil Art Group 1:00 INTERGENERATIONAL COLORING ACTIVITY – BRING YOUR GRANDKIDS</p>	<p>9-11 Silver Threads & Needles 30 10:30 CHAIR VOLLEYBALL 11:30 BIRTHDAY RECOGNITION 12:00 – 4:00 Bridge 12:30 Just Dance 12:30 – 2 Computer Assistance/J.Cole 1:00 BOWLING W/GRANDKIDS AT AUTUMN LANES</p>	<p>REMINDER: TO ALL 2016 SENIOR GAME STATE FINAL PARTICIPANTS JULY 1: EARLY BIRD DEADLINE AUG. 1 – FINAL DEADLINE</p>

DAILY DROP-IN EVENTS: Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles ALSO AVAILABLE: Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Paper Shredder, Notary Public, Wi-Fi, Scheduled Transit Stop

COMING IN JULY – A TRIP TO THE FLAT ROCK PLAYHOUSE